

## **Jeanne Scott Parent & Child Resource Centre - Regina's Place**

The Hamilton-Wentworth Catholic District School Board, in partnership with the Good Shepherd Centers Hamilton, operates the Jeanne Scott Parent & Child Resource Centre, an adult credit school for young parents aged 18-25 who are working towards completing their OSSD. The school's aim is to help break the cycle of poverty by bettering the students' chances of employment and independence through education. Successful graduates have moved on to post-secondary education, found gainful employment, and housing. Co-operative Education opportunities are also available through the co-op teacher at St. Charles Adult and Continuing Education. On-site child minding is available for their children while in school. JSC is located next door to Regina's Place residence. Free lunch provided.

### **Our Goal**

In keeping with the board's mission of Believing, Achieving and Serving, the Jeanne Scott Parent and Child Resource Centre at Regina's Place encourages the mothers/students to honour their faith (in God and themselves), and achieve their education and a healthier mind/body/spirit, in an effort to serve as loving, responsible parents and productive members of society.

### **Our Services**

In addition to the alternative education school, young parents have the opportunity to participate in programming based on their personal needs and strengths. These programs help young parents to continue to build life skills and increase parenting abilities.

### **Programs include:**

- Cooking/Community Gardening
- Health & Nutrition
- Chaplaincy and Faith-based Exercises
- Infant bonding and attachment
- Budgeting
- Ontario Works Support
- Housing Support
- Clothing and Household Items
- Lunch provided in-school to students and children
- Post-secondary pathway planning, guidance counsellor support, pre-employment Counselling
- Crisis support and management
- Public Health Support
- LEAP (Learning, Earning and Parenting)
- Alternatives for Youth – substance use and mental health services
- Mental health clinician support
- Recreation and experiential education opportunities

### **Child-Minding Program**

Our Child-Minding Program is available to young parents studying at The Jeanne Scott Parent & Child Resource Centre (JSC) that provides care for their children. It is a free service offering opportunities for self-expression, engaging with others, and activities catered to various developmental stages for infants and toddlers. Free snack and lunch are provided to children.

The Jeanne Scott Parent and Child Resource Centre is located at  
1475 Barton Street E  
Hamilton, ON L8N 1E2  
Phone: 905.549.4276

### **Regina's Place Residence**

Regina's Place is a supportive, transitional housing program for young parents and their children in Hamilton Ontario. Young parents with identified needs of additional supports and programming to strengthen parenting, life, wellbeing skills and the confidence needed to begin independent living are enrolled into program. A unit is provided for the duration of their stay and participation in the program, which is up to 2 years.

### **Program Staff**

- Youth Support Worker

YSWs meet with young parents to create their Plan of Support followed thru with a weekly check in. Every 3 months there is a time review young parents plan. YSWs will work one on one with young parents to set, track and attain goals. They will advocate for and with when needed. They will help link to Community Partners for the many services that are available in our Community.

- School Liaison (Last 2 weeks of Aug-Jun)

Along with Youth Support Workers, Regina's Place has an onsite School Liaison who will support young parents in finding the education program best suited to their needs of learning. The School Liaison is a case manager that will support in maintaining school attendance and community connections.

- Young Parent Peer Mentor

Our YPPM facilitates our Let's Cook program weekly. YPPM creates a safe space for all to share about daily living and social skills while providing weekly activities in our Jeanne Scott Parent & Child Resource Centre classroom and within our Play & Learn. Some activities and discussions have been around cooking, positive relationships, homework helps, positive self-esteem, knitting, sewing and more.

- Mental Health Clinician

MHC is available on-site Tuesday-Thursday. Any program staff can make a referral for young parents 21yrs and under. The MHC is a Good Shepherd Youth Services employee that will provide these services directly or by referral: assessment, group psycho education, individual therapy, advocacy and liaison with other mental health service providers. Youth accessing mental health services may be referred for a psychiatric or psychological assessment when indicated.

- Early Literacy Specialist

The ELS supports early literacy and numeracy programming for young parents and their children 0-6 years old. ELS can provide individual or group interventions, workshops or consultations for parents with concerns or questions about their child's language or milestone development. ELS provides ASQ developmental assessments, developmental plans, Baby Love program and early literacy programming on an on-going basis.

- Family Navigator

The FN is a key contact for young parents and their children living in community. These families are seeking resources to help them live independently in the community, or exploring kinship or co-parenting options. Young parents and their children will be partnered with the FN who will engage in a collaborative approach to determine the range of young parents and children service needs. The FN will be a "bridge" between the young parent and the services offered by community agencies.

- Registered Early Childhood Educators

RECEs are on site at Jeanne Scott Parent & Child Resource Centre. The RECEs provide free childminding which promotes healthy childhood development for infants and toddlers while their parents are enrolled in JSC school. The program has an outside component daily. Free snack and lunch are provided for children (lunch is also supplied for young parents in class)

## **Programming & Supports**

- Parenting
- Child Development
- Goal Planning
- Cooking
- Mental Health
- Healthy Relationships
- Budgeting
- Problem Solving
- Advocacy
- Appointment support
- Health & Nutrition
- Ontario Works Support
- Clothing and Household Items
- Pre-employment Counselling and Co-op
- Problem Solving
- Crisis support and management
- Public Health Support
- LEAP (Learning, Earning and Parenting)
- Alternatives for Youth – substance use and mental health services
- Recreation opportunities

Regina's Place is located at  
320 Tragina Ave North  
Hamilton, ON L8H5E3  
(905) 549-4276